

California Frittata



Yield: 100

8.9125 ounces or 252.6646 grams

Meal Equivalencies: 2 m/meat alternates, ½ cup starchy vegetable, ¼ cup other vegetable, ¼ cup dark green vegetable

Ingredients	
California Ripe Olives, sliced	6 quarts, 3 cups
Diced Broccoli	6 quarts, 3 cups
Sliced Potatoes, RTU	21 pounds, 4 ounces
Egg Mix	18 pounds, 9 ounces
Evaporated Milk, FF	1 quart, 1 cup
White Pepper	1 cup
Buttermist, spray	1 ounce

Directions Prior to Day of Service:

2 Days Prior to Day of Service:

Pre-Prep: • Clean and sanitize prep area

• Pull egg mix from freezer

• Pull cartons from case

• Spread on sheet pan with space between each to

thaw

CCP: Hold

• Refrigerate on bottom shelf until day of service

below 41°F • Wash hands thoroughly

1 Day Prior to Day of Service:

Prep: • Pull broccoli from freezer

• Place cartons or bags on sheet pan with space

between each to thaw

• Refrigerate until day of service

below 41°F • Wash hands thoroughly

Day of Service:

Pre-Prep:

- Clean and sanitize prep area
- Pull California Ripe Olives and evaporated milk from dry storage
- Wipe off lids
- Open and discard lids carefully
- Drain olives and rinse
- Let drain
- · Wash hands thoroughly

CCP: Prepare foods at room temperature in two hours or less

Pull egg mix, broccoli, potatoes and cheese from cooler

Prep:

- Spray 4 4" deep hotel pans lightly
- In large mixer, add egg mix, evaporated milk and white pepper
- Mix well
- In each hotel pan, layer 5 pounds of sliced potatoes
- Top with 7 cups each of diced broccoli and sliced olives
- Cover with 7 ½ cup egg mix
- Wash hands thoroughly

(Continued on next page)



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Day of Service, cont'd:

CCP: Heat until an internal temperature of 165°F is reached for 15 seconds.

 Bake frittata in preheated convection oven at 325°F for 30 minutes or until an internal temperature of 165°F is reached

CCP: Hold above 135°F

• Hold in warming cart above 135°F

Serve:

• Serve 1 - 5*5 cut of frittata

CCP: Hold above 135°F

For a complete high school meal:

- Add 2 whole grain mini cinnamon rolls
- Add 2 1/2 cup servings of fruit
- Add 1 8-ounce milk